



MARCH 2019

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Thursday Wednesday **Tuesday Friday** Monday 350 Apple Cinnamon Cheerios Cereal Bar 697 Bagged Sliced Apples 752 Fruit Punch Juice Pre-K: 330 Blueberry Muffin 369 Pillsbury Berry Blast Mini 304 Cinnamon Bagelfuls 670 Fresh Fruit 321 Banana Muffin 359 Honey Scooters French Toast 325 Cinnamon Chex Cup 670 Fresh Fruit 697 Bagged Sliced Apples 608 Dole Tropical Fruit Cup 670 Fresh Fruit 749 Apple-Cherry Juice 684 Mixed Berry Applesauce 752 Fruit Punch Juice 696 Raisins 750 Apple Juice Pre-K: 346 Cinnamon Toast Crunch Pre-K: 339 Orange Cranberry Muffin Pre-K: 332 Apple Cinnamon Muffin Pre-K: 366 Blueberry Bagel Pre-K: 342 Cheerios Cereal 325 Cinnamon Chex Cup 670 Fresh Fruit 328 Chocolate Chip Muffin 334 Cinnamon Toast Crunch 319 Orange Cranberry Muffin 750 Apple Juice 367 Cinnamon Raisin Bagel 670 Fresh Fruit 670 Fresh Fruit 684 Mixed Berry Applesauce 647 Dole Mandarin Orange Cup 748 Grape Juice 752 Fruit Punch Juice 749 Apple-Cherry Juice Pre-K: 331 Corn Muffin 753 Orange Juice Pre-K: 349 Corn Chex Cereal Pre-K: 330 Blueberry Muffin Pre-K: 343 Rice Chex Pre-K: 367 Cinnamon Raisin Bagel 327 Pillsbury Maple Mini Waffles 329 Trix Cereal Bar 334 Cinnamon Toast Crunch 658 Dried Fruit Blend 670 Fresh Fruit NO SCHOOL TODAY 749 Apple-Cherry Juice 752 Fruit Punch Juice 368 Plain Bagel Cereal 670 Fresh Fruit 684 Mixed Berry Applesauce Pre-K: 335 Banana Muffin Pre-K: 368 Plain Bagel 750 Apple Juice 696 Raisins Pre-K: 339 Orange Cranberry Muffin Pre-K: 345 Honey Scooters Cereal 328 Chocolate Chip Muffin 323 Apple Cinnamon Muffin 359 Honey Scooters Cereal 670 Fresh Fruit 684 Mixed Berry Applesauce 367 Cinnamon Raisin Bagel 334 Cinnamon Toast Crunch Cereal 612 Bagged Apples & Grapes 752 Fruit Punch Juice 670 Fresh Fruit 670 Fresh Fruit 750 Apple Juice 749 Apple-Cherry Juice 748 Grape Juice 658 Dried Fruit Blend Pre-K: 342 Cheerios Cereal Pre-K: 330 Blueberry Muffin Pre-K: 332 Apple Cinnamon Muffin Pre-K: 343 Rice Chex Cereal Pre-K: 347 Alpha Bits Cereal

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items in suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal